

# NEW ENGLAND WHITE FISH FILLET

Berry Admendment  
Compliant

PRODUCT OF USA

Clean Label Nothing Added

Wild Caught/Chemical Free

Natural New England

(North Atlantic)

No Glaze, No Tripolyphosphates

Bone Free 100% Edible

Excellent Nutrition

Good For You

## Nutrition Facts

servings per container  
Serving size 3 oz. (85g)

Amount per serving  
**Calories 110**

% Daily Value\*

Total Fat 4g 5%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 45mg 15%

Sodium 65mg 3%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein 18g**

Vitamin D 1mcg 6%

Calcium 29mg 2%

Iron 1mg 6%

Potassium 136mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT INFORMATION

4oz., 20 lb. Bulk

Scientific Name: Squalus Acanthias

Common Name: Dogfish



## OUR WILD CAUGHT NORTH ATLANTIC

## NEW ENGLAND WHITE FISH

is carefully processed into fillets. The flaky yet firm fillet is white in color and sweet in taste. The higher oil content helps keep the fillet moist during cooking. It lends itself to various cooking methods as well as your favorite sauce or spices.



### COOKS IN ANY METHOD

Open-Grill

Broil

Flat-Top Griddle

Saute

Bake Convection

Conventional Oven



### MSC Certified Green Sustainable Fishery

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