

# AVOCADO HALVES

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# GUACAMOLE

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## Nutrition Facts

Serving Size 1 piece (142g)  
Servings Per Container 48

Amount Per Serving

**Calories** 180    **Calories from Fat** 140

% Daily Value\*

**Total Fat** 16g                      **25%**

**Saturated Fat** 2.5g            **13%**

**Trans Fat** 0g

**Cholesterol** 0mg                  **0%**

**Sodium** 230mg                    **10%**

**Total Carbohydrate** 11g        **4%**

**Dietary Fiber** 8g                **32%**

**Sugars** 2g

**Protein** 2g

Vitamin A 8%                      • Vitamin C 25%

Calcium 2%                        • Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### PACKING INFORMATION

**Units per case: 6**

**Case NET weight: 12 lbs**

**Case GROSS weight: 13 lbs**

**Cases per layer: 15**

**Layers per pallet: 6**

**Cases per pallet: 90**

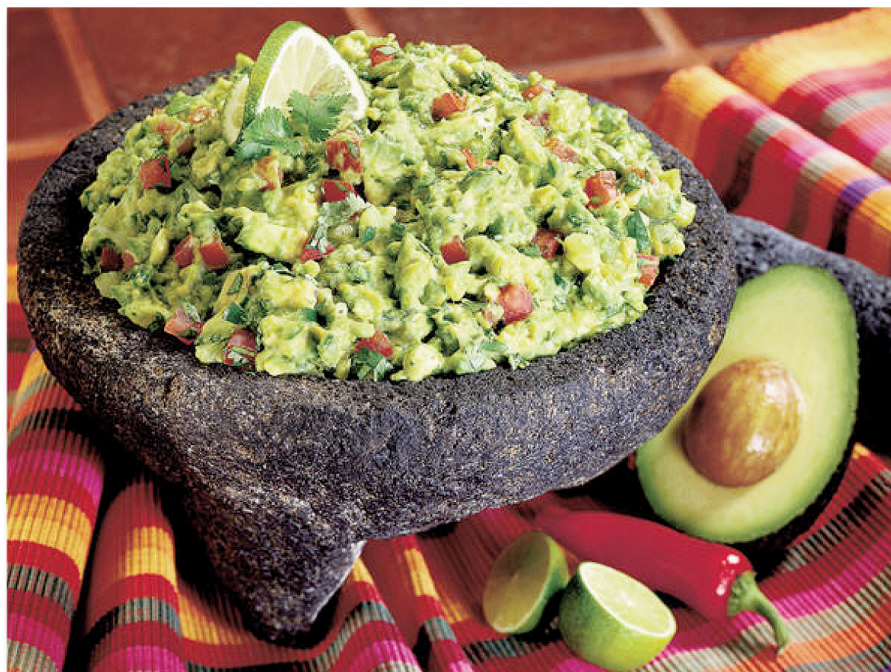
**Case Cube (cu.ft): 0.55**

**Case Dimensions (inches):**

**13.5" x 7.5" x 8.5"**

**Shelf Life: 420 days (Frozen)**

**BERRY AMENDMENT COMPLIANT**  
NSN: 8915-01-E61-6342  
SKU: 00267



## WANT TO MAKE SOME AUTHENTIC GUACAMOLE?

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Our rich buttery Haas avocado halves are filled with chopped tomatoes, onion, cilantro, garlic, salt and lime juice **MAKES IT EASY!** Simply thaw & mash. No peeling, no chopping, no mess or waste!

High in Omega 3's and protein rich, this is an authentic guacamole recipe. It is tasty and good for you. Tequila and mariachi band not included.



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